


2024 FEBRUARY JEFFERSON COUNTY BREAKFAST/LUNCH MENU 2024

Monday	Tuesday	Wednesday	Thursday 1	Friday 2
 All Schools are CEP Salads are offered daily if not another entrée will be available.	Celebrate Milk Fun Fact A cow produces an average of 6.3 gallons of milk daily and 350,000 glasses of milk in a lifetime.	<i>Harvest of the Month</i> Cruciferous Vegetables	Steak Nuggets/Biscuit Assorted Cereal 100% Juice-Fresh Fruit Baked Chicken/Roll Green Beans Broccoli Casserole Chilled Juice/Fruit Cup	French Toast Sticks/Eggs Assorted Cereal 100% Juice-Mandarin Oranges Cheeseburger Lettuce/Tomato/Pickle Vegetable Juice Potato Wedges Fresh Fruit/Fruit Cup National Wear Red
Pillsbury Pancakes 5	Sausage Biscuit 6	French Toast Sticks 7	Waffle/Chicken Nuggets 8	Breakfast Pizza 9
Assorted Cereal Applesauce – Mixed Fruit Chicken Strips/Roll Black Eye Peas Mash Potatoes Slice Peaches Applesauce Cup	Assorted Cereal 100% Juice – Mandarin Oranges Salisbury Steak Rice/Cornbread Turnips/ Lima Beans Fruit Cup/Apple Slices	Eggs Assorted Cereal 100% Juice – Fresh Fruit Pizza Glazed Carrots Broccoli Peaches/Fruit Cup	Assorted Cereal 100% Juice – Peaches Chicken Fajita/Tortilla Lettuce/Tomato/Cheese Corn/Black Beans Seasonal Fresh Fruits	Assorted Cereal 100% Juice – Fresh Fruit Seasoned Wings/Roll Fresh Celery Sweet Potato Fries Vegetable Juice Seasonal Fresh Fruits
Biscuit/Steak 12	French Toast Sticks/Sausage 13	Biscuit/Chicken Patty 14	Pancakes/Sausage 15	School Closed 16
Assorted Cereal 100% Juice – Mixed Fruit Chicken Strips/Roll Mash Potatoes Green Peas Fruit Cup Seasonal Fresh Fruit	Assorted Cereal 100% Juice – Fresh Fruit Baked Chicken Cabbage/Black eye Peas Cornbread Seasonal Fresh Fruit Fruit Cups	Assorted Cereal 100% Juice – Slice Peaches BBQ Sandwich Cauliflower Oven Baked Wedges Seasonal Fresh Fruits Cupids Treat Valentine's Day	Assorted Cereal 100% Juice – Fresh Fruit Deli Sandwich Broccoli/Fresh Carrots Baked Chips Fruit Cup Sidekicks Early Release	Student & Teacher Holiday National Heart Healthy Month 

<p>School Closed 19 Presidents' Holiday</p> 	<p>Chicken Nuggets/Biscuit 20</p> <p>Assorted Cereal 100% Juice – Peaches</p> <p>Salisbury Steak Rice/Cornbread Turnips/ Lima Beans Fruit Cup/Apple Slices</p>	<p>Waffle/Sausage 21</p> <p>Assorted Cereal 100% Juice-Pears</p> <p>Pizza Fresh Carrots Corn Seasonal Fresh Fruit Peaches</p>	<p>Breakfast Bagel 22</p> <p>Assorted Cereal 100% Juice- Fresh Fruit</p> <p>Chili w/cheese/Saltines Baked Potato/Broccoli 100% Juice Seasonal Fresh Fruit</p> <p>National Chili Day</p>	<p>Grits-Sausage-Toast 23</p> <p>Assorted Cereal 100% Juice-Orange Wedges</p> <p>Chicken Fillet Sandwich Lettuce/Tomato/Pickle Cauliflower Sweet Potato Fries Seasonal Fresh Fruits</p>
<p>French Toast Sticks 26</p> <p>Sausage Assorted Cereal 100% Juice – Mandarin Oranges</p> <p>Chicken Strips/Roll Mash Potatoes Garden Peas Fruit Cup Seasonal Fresh Fruits</p>	<p>Biscuit/Popcorn Chicken 27</p> <p>Assorted Cereal 100% Juice –Fresh Fruit</p> <p>Vegetable Beef Soup Sandwich/Saltines Broccoli- Lima Beans 100% Grape Juice Seasonal Fresh Fruit</p>	<p>Pancake on a Stick 28</p> <p>Assorted Cereal 100% Juice – Kiwi</p> <p>Hotdog Coleslaw/Fresh Vegetables Sweet Potato Fries Sidekicks/Fruit Cup</p>	<p>Sausage Biscuit 29</p> <p>Assorted Cereal 100% Juice – Fresh Fruit</p> <p>Asian Chicken/Rice Breadstick Green Beans Oriental Vegetables Apple Slices Peaches</p>	

An assortment of low fat and fat free milk is offered daily with all meals. Lactose free milk is available if needed upon request.

Disclaimer: Menus are subject to change without notice due to future nutrient analyses; the availability of USDA commodities and/or unavailability of certain purchased food products.

This institution is an equal opportunity provider.